



CFAQ NEWS

March 2010

Churchill Fellows' Association of Queensland Inc

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**Churchill Fellows Association
of Qld. Inc**

**Annual General Meeting
& Social Evening**

Thursday 29 April 2010

6.00pm

Drinks & Finger Food

7.30 AGM

State Library of Queensland

Stanley Place, Southbank

More details back page

**CFAQ SUBSCRIPTIONS FOR 2010/11
Now due \$25**

Editors Bits & Pieces

Thank you to all the loyal CFAQ supporters who have sent info for the newsletter.

This will be my last newsletter, as unfortunately I do not have the time to devote to it anymore. Dave and I are taking delivery of a new yacht later in the year and we will then be training more crew and participating in a busy racing schedule.

As if that is not enough I now have a 13 year old Grandson living with me in order to return to his old school, after a family move to Tasmania Yes I know I am at the age when I should be thinking of sitting in my rocking chair, but it is much more fun racing!!

I hope I shall at least have time to send some stories to the new editor from time to time.

News from Fellows

Liz Skitch (2008 Children's Theatre)

CHASING THE LOLLYMAN

Recently returned Churchill Fellow, Liz Skitch, had a show at the Metro Arts on the 28th January. She directed and co-devised it with local Indigenous performer, Mark Sheppard. It is Mark's one man show which celebrates Urban Indigenous Identity.

"Chasing the Lollyman" is a combination of stories from Mark's life; from growing up in Mareeba (Far North Queensland) to attending the WAPAA (Western Australian Performing Arts Academy) in Perth. It also features a series of comic and satirical sketches from an episode of the popular travel show "Getaway" - exploring Australia's best kept secret- Queensland Missions, to a hilarious enactment of what "Neighbours" would be like if it was all Aboriginal!

The show was funded by Arts Queensland and was produced by Liz's production company, deBASE productions (which is dedicated to creating brilliant, new comedies).

From Paul Stumkat (02/03 Museum Dinosaurs Reconstruction)

This is the latest project I am working on with the dinosaur Museum in Richmond Kronosaurus Korner. the 2010 Fossil festival is hoped to be bigger than ever.

I have also made a new dinosaurian elasmosaur for Chillagoe in far north qld. www.stumkatstudios.com

Richmond Fossil Festival April 29- May 3

- **Dinosaur hunting Scenic Tours**
- **Fossil preparation & sculpture workshops**
- **Rodeo, Camel Races & bush poetry**
- **Kids Dinosaur Activities**
- **And much more**

You'll Dig Richmond

Contact ph: 1300 Kronok
www.fossilfestival.com.au

From Rhyl Hinwood (1986 Sculpture)

This painting went to Sydney for entry in this year's Archibald Prize.

The artist is a young friend, Terry Bouton, who not only paints well but also is a talented ceramic artist. She has depicted me wearing my favourite old cotton batik scarf and worn out kid glove, looking back at some of the carvings I have done in the Great Court of the University of Queensland.

I am very happy with her work and really enjoyed the experience of being the subject for a change.

Fingers crossed but don't be disappointed!! We hope it will be included in the exhibition later this month.

Unfortunately a later email from Rhyl told us that the painting had not made the exhibition, Ed



Fellows in the News

The following three articles were contributed from The Queensland Alliance courtesy of Geoff Cheverton - Churchill Fellowship 2007 – (Private Funding for Mental Health.)

Be aware, not alarmed on Mental Health

An editorial by CEO Jeff Cheverton, as published in the Longreach Leader during Mental Health Week.

When the Member for Goldstein, Andrew Robb, recently spoke publicly of his struggle with mental health, many of us were surprised to hear such a prominent public figure speak so openly. Half of all Australians will experience a mental health disorder at some point in our lives. Why is an experience so common, so rarely spoken about?



We should be able to be open and upfront about these experiences. Mental health issues are not something to be ashamed of. They are common.

“The very moment someone says so-and-so has schizophrenia, our immediate reaction to that person changes. That’s the really sad thing, you know, because we don’t take them for who they are, we suddenly think about what they are: they become ‘a schizophrenic’.”

This is a direct quote from an advertisement that screened on prime time New Zealand television for eight weeks in 2007. Australia is one of the only English-speaking OECD nations that does not have a campaign to challenge stereotypes of people with mental illness.

When we hear the words schizophrenia or mental illness, we may think “axe murderer” or “homicidal maniac”. This fear may be part of the reason many of us feel unable to take the step forward to help someone and include them in our lives.

In films and on TV, people with mental illness are often depicted as dangerous and violent. The fact is however, that statistics show only a very small percentage of people with mental illness commit violent acts. On the rare occasion that someone with mental illness does commit a shocking and violent act, there is focused media attention. These horrific reports may often be the only reference we hear to mental illness. This overwhelming negative portrayal, generates a fear reaction. As a result many people with mental health problems keep their experiences secret, for fear of negative responses from their friends, work colleagues and family.

With the support of a Churchill Fellowship, I was able to visit countries that have successfully changed public attitudes towards mental illness and mental health. The most successful campaigns are New Zealand’s ‘Like Minds Like Mine’ campaign www.likeminds.org.nz and Scotland’s ‘See Me’ campaign www.seemescotland.org.uk. Similar campaigns operate in England, Canada and the United States.

A national survey identified 32 per cent of Scots believed people with mental illness were dangerous. After only four years of the *See Me* campaign, this reduced to 17% of the population. National surveys in New Zealand showed only 69 per cent of Kiwis would accept someone with mental illness as a workmate. This increased to 83 per cent after the campaign.

The fear of mental illness stops people from even admitting to themselves that they need help. Research shows that in countries where anti-stigma campaigns have run for several years, people are more likely to seek help early. This speeds their recovery and reduces their call on public health services.

Significant progress has been made in Australia – thanks to organisations like beyond blue – in raising awareness of depression. It is time for a campaign that talks about schizophrenia, bipolar disorder and other mental health issues. A statewide campaign would cost 0.06 per cent of the Queensland Health budget. Surely we can afford such a small investment that will yield such positive results?

The Queensland Alliance has presented the research from overseas to State and Federal Ministers. The recent National Health and Hospital Reform Commission Report also recommended Australia undertake a national anti-stigma community awareness campaign in mental health.

All too often we read heart-breaking reports in the media of people with mental illness experiencing tragedy. We read of sporting legends and politicians who have ended their lives or attempted to, because of the shame they feel about their diagnosis. The experience of mental illness

can be devastatingly isolating, not just for the person who is unwell, but their families, friends and colleagues. There are no simple solutions, but increased positive awareness and the understanding that comes from this, can only result in safer communities.

Saturday 10 October 2009 was World Mental Health Day. Around 100 people took part in Queensland's first Walk of Pride on the Victoria Bridge in Brisbane. Half of us have experienced mental health issues - this support for the Walk of Pride shows that we are developing pride, instead of shame, in our mental health experiences.

Join us this year, when we will walk with pride again during Mental Health Week- or think about starting your own, local Walk of Pride.

Jeff Cheverton is the CEO of the Queensland Alliance for Mental Health, the peak body for the community mental health sector and a Board member of the Mental Health Council of Australia.

The Queensland Alliance supports over 240 community organisations working in mental health in Queensland. These organisations include Lifeline, the Royal Flying Doctor Service and OzCare. We advocate for services that support people's recovery in their own homes and communities.

British Churchill Fellow exploring Mental Health Care in Queensland

Denise Fisher, a mental health nurse and senior lecturer in mental health at Liverpool John Moores University (LJMU), has recently returned from a four week Winston Churchill Travelling Fellowship to Queensland, Australia.

The aim of Denise's Fellowship was to explore mental health care in rural and remote areas, how mental health awareness and promotion is delivered, and the use of information technology to support delivery.

Denise reported: "This was a wonderful opportunity to observe innovative ways of dealing with mental health issues. Organisations such as the Queensland Alliance, MIE-Australia (Mental Illness Education Australia) and E-CYMHS (Children & Young Person's Mental Health Services) in Brisbane; Queensland Health and KASH (Kalkadoon Alcohol Sobriety House) in Mount Isa and the CRRMHQ (Centre for Rural & Remote Mental Health Queensland) in Cairns, were all very welcoming and willing to share their experiences."

"I am very appreciative of the support and opportunities provided by Gil Hainey (Primary Care Services Manager)

and colleagues at The Royal Flying Doctor Service of Australia (Queensland) who organised visits to aboriginal communities in Yarrabah and Aurukun, where innovative services are being provided to meet the specific needs of Aboriginal and Torres Strait Islander communities. I have particularly valued the willingness of indigenous staff to share their knowledge in helping me to gain some understanding of Australian indigenous people, their culture and the tailoring of needs to specific cultural groups, including Lloyd (KASH), Thomas & Anne (Mount Isa) Brian (Yarrabah) and Herbert (Aurukun)."

Denise will be producing a report on her experiences which will be available on the Winston Churchill Memorial Trust website later this year (www.wcmt.org.uk). She is also hoping to incorporate her newly acquired knowledge into both her teaching activities at the University and her work as a mental health trainer with the Charlie Waller Memorial Trust across the North West of England.

Curator of 'Remembering Goodna' Exhibition Awarded Churchill Fellowship Joanna Besley (2009)

The Churchill Trust is an Australian Trust which awards Traveling Fellowships. It provides financial support to enable Australian citizens from all walks of life to travel overseas to undertake an analysis, study or investigation of a project or an issue that cannot be readily undertaken in Australia. Queensland Alliance CEO Jeff Cheverton was awarded a Churchill Fellowship in 2007, to investigate social inclusion campaigns.

Among the 2009 Churchill Fellowship recipients was Joanna Besley, Curator of Histories and Community at the Museum of Brisbane. Joanna is participative in the community sector and was on the Board of the Brisbane Housing Company from 2002 to 2004. Among her Museum of Brisbane exhibitions is 'Remembering Goodna, Stories from a Queensland Mental Hospital'.

'Remembering Goodna' displayed the history of Goodna Mental Hospital, Australia's largest 'asylum', now the Park Centre for Mental Health. The facility has housed 50,000 people over its lifetime.

Joanna's Fellowship will be undertaken to examine the role of museums in assisting communities to recover from traumatic events and experiences - USA, UK, Ireland, Netherlands, Belgium and South Africa.

**Churchill Fellows Annual Dinner
30 July or 6 August**

Consumer action award

"Determination, sheer hard work and no shortage of bloody-mindedness has shone a light into unit pricing"

The 2009 mandatory unit pricing scheme for packed groceries was due to Ian Jarratt's drive and zeal



Ian Jarratt, inaugural winner of the CHOICE Consumer Action Award

Ian Jarratt, 2006 Churchill Fellow (Grocery Unit Pricing) recently received CHOICE's inaugural national Consumer Action Award. CHOICE's information about Ian's award is reproduced below

"When you now see the price per 100g or 100ml alongside the shelf price of most supermarket items, you're witnessing the legacy of Ian Jarratt's advocacy in action .

The arrival of a national mandatory unit pricing (UP) scheme for pre-packaged groceries at the end of 2009 was due to Ian's drive, zeal and an eye for detail. As a researcher and campaigner with the volunteer Queensland Consumer Association, Ian wanted Australia to enjoy the benefits of a world class system of UP

The pricing mechanism allows consumers to compare value easily across brands and different sized packages, and has been in use in Europe and parts of North America for 25 years.

But Ian knew there could be many pitfalls in any schemes without consumer advocates focusing forensic attention on the small print of the code retailers might follow.

To prove the point and get accurate detailed information on how UP works overseas, Ian was the worthy recipient of a Churchill Fellowship and visited the US and four European nations over seven weeks in 2007. Ian followed this with many detailed written submissions to politicians, governments and their agencies, as well as the 2008 ACCC grocery inquiry. He then helped Choice participate in widespread consultation over the then proposed plan.

Now we have unit pricing, but Ian is not resting on his laurels. He is concerned the system is not best practice and is fighting for improvements in legibility, prominence, and consumer education about the UP scheme.

For his selfless devotion to a cause that benefits consumers, Ian Jarratt has demonstrated himself a worthy recipient of the CHOICE Consumer Action Award"

Churchill Fellows Selection Interviews 24, 25 April 2010 Minders Wanted

CFAQ is looking for Fellows to assist with the minding of new prospective Fellows prior to the interviews.

Minder Sessions are 0800 - 1300 & 1200 - 1700

If you are able to assist and would like to be among the first to meet new and enthusiastic potential Churchill Fellows, contact
Matt Shepherd on 0402 220 860

New Event CFAQ Cocktail Party 6-8 pm 8 October 2010

Jerry Cummins (02 Stained Glass Restoration)

Jilly and I again had a productive and rewarding year in 2009. Our work has been plentiful, and we again travelled overseas, mainly to France and Spain, and enjoyed visits to and from friends and colleagues.

Our stained glass restoration projects included:
St Stephen's Catholic Cathedral, Brisbane.
Restoration of the fully painted and stained Mayne/"Ascension" chancel window executed by the famous Irish stained glass artist Harry Clarke in 1923 consisting of a central light 780mm x 8m high, two flanking lights 780mm x 6m high and three quatrefoils. This is a window of extraordinary beauty and technical accomplishment, and it was a thrill having it in the studio – the more so as it is the only window executed by Clarke's own hand in the southern hemisphere. We also restored two small R.S.Exton hopper windows from the cathedral transept, which required some expert glass painting to match vandalised and previously poorly restored pieces.

St Columba's Catholic Church, Wilston, Brisbane.
Restoration of R.S.Exton stained glass window comprising two lights each 2.6m x 830mm and a roundel 830mm in diameter, and thirty-three nave and clerestory leadlights 1440mm x 400mm each.

All Souls St Bartholomew / Quetta Memorial Church, Thursday Island.
Restoration of the "Torres Pilots" stained glass window 1150mm in diameter. This was a window made, we think, in the late 1970's and which had already disintegrated due to the use of poor materials. Even worse, all of the glass paint had been underfired and was now salt impregnated from the never ceasing wind. This required a complex restoration.

Abbey Museum, St Michael's Church, Caboolture.
A lancet with the Head of Christ by John Hardman & Co. 1860s and an English Armorial shield from the 15th Century. New pieces were painted to replace intrusive unpainted 1960s machine rolled glass. We used information from a contemporary Hardman window in Tasmania, which we had previously restored, as the basis for our painting.
We also edge glued broken pieces in a tiny but much damaged German 16th Century window featuring Saints Dominic and Catherine of Siena.

St Mary's Catholic Church, Ipswich.
Completion of the restoration of thirty-two stained glass panels each approximately 450mm x 650mm. These also

required precise repainting of shattered and missing pieces of glass.

Our major new commissions this year were:

Church of the Holy Spirit, Auchenflower.
A memorial window commemorating a former Carmelite convent now demolished – a fully painted stained glass window also including local Brisbane river and landscapes and flora 1.74 metres high x 550mm wide.

Holy Trinity Anglican Church, Goondiwindi.
Fully painted window approximately 1.5 metres high x 600mm wide "Jesus touched his ear and healed him". This was a particularly interesting commission as it was the last window in the church dominated by 1940s R.S. Exton/William Bustard stained glass windows. We respected the existing tradition by designing and painting in a very traditional matter, and are happy to say the donors and clergy were thrilled with the result.

**38th ANNUAL GENERAL
MEETING 2010**
Churchill Fellows Association of Queensland
Inc

**The State Library of
Queensland**
Stanley Place, South Brisbane

Thursday 29 April 2010

***Drinks and nibbles on the
Riverdeck 6.15pm to 7.15pm***
Meeting to commence at 7.30pm

For catering purposes, please RSVP to
The Secretary CFAQ
PO Box 8100, Woolloongabba, QLD 4102
Email: areti_garilidis@health.qld.gov.au
0411 234712

Churchill Fellows Association of Queensland Inc.

Notice is hereby given that the **39^h Annual General Meeting** of members will be held

At the **State Library of Queensland, Stanley Place South Brisbane**

29 April 2010 commencing at 7.30pm for the purpose of giving consideration to the following:

1. Reading and confirmation of Minutes
2. To receive and consider the Committee's report and Financial Statement for the year ended 29 February 2010
3. The receiving of the Auditor's report for the preceding financial year
4. Election of Management Committee
5. The appointment of an auditor.
6. To transact any other business that may be properly brought before the meeting in accordance with the Constitution.

VOTING

All financial members are entitled to vote at the annual general meeting.
By order of the Committee
Richard Roylance, President

NOMINATIONS: May be submitted on this form or will be accepted from the floor at the meeting

Please Return to

The Secretary CFAQ, Areti Gavrilidis

PO Box 8100, Woolloongabba, QLD 4102

✂.....

Churchill Fellows' Association of Queensland Inc.AGM 2009

I nominate.....(print name of nominee)

for the position of

Name/signature of nominator.....

Name/ signature of seconder.....

I accept the above nomination.....(signature of nominee)